

# Soul Kids

@ Electric Picnic  
2011





	Friday	Saturday	Sunday
	<b>Soul Stage</b>	<b>Soul Stage</b>	<b>Soul Stage</b>
10		Soul Factor	
11		The Speks	The Speks
12		Funky Feet	Funky Feet
1		The Speks	The Speks
2		Gathering Drum	Gathering Drum
3	Soul Factor	The Amazing Few	The Speks
4	Soul Factor	The Speks	Soul Factor
5	Funky Feet	Soul Kids Disco	Soul Factor
6	Gathering Drum	Soul Kids Disco	Soul Kids Disco
	<b>Soul Yoga</b>	<b>Soul Yoga</b>	<b>Soul Yoga</b>
10		Yoga 4 All	Narao Yoga
11		The Checkmates	Rainbow Music
12		Narao Yoga	Relaxation For Kids
1		Relaxation For Kids	Roald Dahl W/shop
2	Narao Yoga	Funky Feet	Funky Feet
3	Relaxation For Kids	Yoga 4 All	Narao Yoga
4	Roald Dahl W/shop	Gathering Drum	Gathering Drum
5	Rainbow Music	Roald Dahl W/shop	Roald Dahl W/shop
6	Yoga 4 All	Relaxation For Kids	Yoga 4 All
	<b>Soul Arts</b>	<b>Soul Arts</b>	<b>Soul Arts</b>
10			
11		Hair Wraps	Mask Making
12		Bare Soled Fools	Bare Soled Fools
1		Life Drawing	Hair Wraps
2		Mask Making	Life Drawing
3	Life Drawing	Bare Soled Fools	Bare Soled Fools
4	Mask Making	Hair Wraps	Hair Wraps
5	Hair Wraps	Life Drawing	Relaxation for Kids
6		Mask Making	

## The Italian Job

Twice a day Soul Kids have the chance to sign up and make themselves the freshest tastiest pizza in their amazing Pizza Making Workshops.

## The Checkmates

There will be an outdoor juggling performance on each day (weather permitting),  
**Friday 4-5pm, Saturday 2-3pm & Sunday 4-5pm**

## Soul Sports

There will be football for all ages as well as penalty shoot-outs throughout the day supervised by our Soul Kids Workshop Leaders.

## Soul Babies

There will be Story Telling as well as

### Music 4 Tots

**Fri 3-4pm**

**Sat 2-3pm**

**Sun 10-11am & 2-3pm**

### Rainbow Music

**Sat 11-12pm**

**Sun 1-2pm**

## Krafty Kids Tent

Join Dorothy and her fabulous crew to make crazy fascinators, crowns and trinkets from **Friday 2-7pm, all day Saturday** and **all day Sunday** starting at **10am** and finishing up at **7pm**

## Enchanted Fairy Lady

### Fri 3-6pm

Den & Fairy House Building

### Sat 11-6pm

Wings & Wizard Shields

### Sun 11-5pm

Wand Making All Day Long

## Family Tub Times

There will be family tub times in the Body & Soul area @ EP  
**Sat 10-2pm & Sun 10-2pm**

Please book on Friday as tubs are normally booked up by Friday Evening! Kids go free when accompanied.

## Bare Soled Fools

"To Bee or Not to Bee"

performance **Saturday & Sunday 1-2pm & 4-5pm** following the workshop in the Soul Arts Tent.

# Welcome to Soul Kids!

Last year Soul Kids broadened its boundaries embracing the whole of the Enchanting Walled Gardens of Stradbally Hall. They filled this magical space with creativity, fun, imagination & more than a sprinkling of fairy dust! There was great feedback from all the families & it has definitely put Electric Picnic firmly on the Family friendly list of festivals! Soul Kids will once again be offering the same amazing free service for Families.



This year within The Soul Kids Gardens, there will be an amazing assortment of workshops & entertainment. There will of course be a few surprises in the garden this year but we don't want to give everything away just yet!

We are open on Friday from 2-7pm, & from 10-7 on Saturday & Sunday. There will be a baby changing facility within the Soul Kids area. As always everything we offer in the Soul Kids area is completely free!

## the Speks

[www.theSpeks.com](http://www.theSpeks.com)

Irish music band for children. The Speks' debut album recently won a prestigious Parents' Choice music award in the US where their music has been described as 'Riverdance for toddlers' and 'grown up music for kids.' They perform their nursery rhymes and sing-along songs set to acoustic Irish music while encouraging kids to sing and dance along. This will be a great, fun event for kids.



"If your little ones love fantastic, magical songs with an Irish twist then The Speks are the boys for you" Tom Dunne, Newstalk.

[www.thespeks.com](http://www.thespeks.com)

## Barradrum Farm

### Enchanted Fairy Workshops

Enchanted fairy workshops is amazed by the bleakness and blackness this year... and on top of all that our bog burnt too! Our enchanted garden is dead this year! Oh no! We need your help! Even in darkness there is beauty, come on over to barradrum farm's



enchanted fairy garden and see for yourself, but we bet you can't resist helping to cheer it up... On Friday, stop and build beautiful fairy houses and one big den in amongst the roots and relics of our imagination... All afternoon. By Saturday, the garden will look more cheerful... Colour and light are creeping through, we hope there'll be some room for a few more fairy houses, but it's also wing making day - all day long. Sunday... we collected wand wood all summer and now, with a twisting of wool, a little sprinkling of fairy dust, a sneezeful of feathers, and a dusting of imagination, we'll spend Sunday making fairy wands, or elf wands or wizard wands! We can do anything and everything... Enchanted fairy workshops at barradrum farm for Soul Kids at electric picnic. Life's more fun with fairy dust!

[www.barradrumfarm.ie](http://www.barradrumfarm.ie)



### The Amazing Few

The Amazing Few are the propagators of a feel-good frenzy, dancing & general mayhem. They will be bringing more energy to the Soul Kids area than a herd of wild wombats!

The show will be interactive, entertaining, fun, exciting and most of all there will be balloons, bubbles, and anything else that goes POP!

[www.breakingtunes.com/theamazingfew](http://www.breakingtunes.com/theamazingfew)

### The Gathering Drum

This is your chance to get your groove on with world hand drums and percussion! Make in the moment music where the emphasis is on fun and giving everyone the best possible experience in creating rhythm in groups. It's laugh out loud, uplifting fun. It's about building team ethos and community spirit through the medium of rhythm!



Gathering Drums at the Body&Soul Festival

Joe Loughlin began working with drum & rhythm in 2002. Since then he became self-employed as a full time drum circle facilitator in 2008. He is now the most used, best trained and most experienced facilitator in the North of Ireland.

[www.thegatheringdrum.com](http://www.thegatheringdrum.com)



### The Italian Job Pizza Making Workshops

Back again for your delectable entertainment the Utensils (or the Italian Job) are bringing their hand made wood fired oven to cook up their delicious freshly made pizza's. And twice a day Soul Kids have the chance to sign up and make themselves the freshest tastiest pizza for free.

Watch the puppet show all about the special ingredients that go into pizza dough and the wonderful worlds they come from. Then make a pizza yourself using hand made dough and fresh ingredients and watch it cook in our wood fired hand made oven in under a minute! Yum!

### Soul Kids Disco

Bounce wiggle move and groove to some of the best global and old school disco sounds by effervescent One

World Irish Dj Will Softly. A regular veteran of Electric Picnic, Dj Will invites Kids and their parents alike to boogie on down for an afternoon of family friendly fun fuelled music.



Our DJ Wil Softly at work

### Funky Feet

Funky Feet workshops are designed to cover a range of Dance, Drama and Physical Theatre styles for children. Featuring workshops in Hip Hop/ Modern Dance, Contemporary, Lyrical Jazz/Stage and World Dance. The workshops are open to all levels from the absolute beginner right through to the more advanced participant.



### Relaxation For Kids

Relaxation Classes for children aged 4 to 12 yrs. Classes include dance & movement, relaxation games, stretching & breathing exercises, peer massage, affirmations, visualisations & FUN!

### Naroa Yoga

We aim to enliven, entertain and ultimately educate kids through a series of playful Yoga stories and games. Kids love pulling new shapes and the various poses are beneficial in mind, body and spirit.



We have a huge menu of activities, while always remaining flexible and receptive to new directions. Breathing exercises are given emphasis, from chasing feathers to buzzing like a bee! We take a journey through Yoga and positive affirmations are generously sprinkled throughout. Of great importance is a calming relaxation to end every session, incorporating a magical guided meditation story.

Naroa Yoga workshop will be facilitated by Kate Moran & Sam McDermott. Kate is a Yoga teacher and Storyteller with a background in Youth & Community work. Sam is a Yogi, Engineer & a Dad!

### Wired to the Moon

Learn about Peruvian hairwraps and friendship bracelets and how to make them. Choose from a range of materials from the variety of seeds, beads and the different colours of string to make your very own bracelet or hairwrap.



### Checkmates Juggling Workshops

Our fun-loving circus performers will be running juggling workshops & keeping us entertained over the weekend with their circus antics. They will teach juggling skills to 4-12 year olds & amaze us with their circus tricks, diablo & fantastic juggling skills.



This workshop allows children to discover their own singing voices through fun games, dances and songs. The Rainbow Music method is based on the Kodaly (a Hungarian Music educator) method which recognises that the voice should be our first musical instrument!

### Yoga 4 All

There will be daily Yoga classes with our experienced Yoga teacher Suzanne, a fully certified adult & children's yoga teacher. The classes are fun & playful, & at the same time teach valuable skills that help kids meet the challenges of everyday life. Yoga is great for anybody, especially kids!

### Roald Dahl Story Workshops

The Sting will be in the Soul Kids area at Electric Picnic doing workshops based on Roald Dahl!

10 days before Roald Dahl Day (September 13th) as part of world-wide celebrations The Sting bring you The Enormous Crocodile, The Giraffe and the Pelly and Me, Revolting Rhymes and many more to tickle your fancy and wiggle your funny bone. Performances, workshops and story-telling with the aid of our very own Soulkids.

Workshops last an hour, suitable 4-12yrs. Snozzcumbers for all!

### Krafty Kids

Come to Krafty Kids to create crowns, crazy fascinators, festival jewellery and much more under the wonderful guidance of experienced Art teacher Dorothy & her crew.



### Draw me, draw you!

A workshop designed to introduce children to the traditional fine art of life drawing while incorporating creativity and fun. All children will adapt the role of artist and model. As the artist the children will develop an awareness of shape and form along with introducing them to the idea of proportion. As the model they will be encouraged to create playful poses with the aid of interesting props all of which are guaranteed to generate plenty of fun and laughter. We look forward to meeting all you budding Picasso's at the picnic!

### The Bare Soled Fools

The bare soled fools under the direction of Cabrini Cahill will be presenting their latest production of "To Bee or Not to Bee" for Soul Kids at electric picnic 2011. The fools have a new riddle to be solved by the picnic goers this year. Carnival characters shaky and speare are looking for children in particular, (as they are most clever in these matters) to help them figure out the best way to go about minding the earth. Evolution or revolution? Enter their carnival game and spin the wheel of fortune, open the book of the future and see what challenges face you.



A fun interactive theatre game that will get the whole family buzzing!

[www.thebaresoledfools.com](http://www.thebaresoledfools.com)

### Soul Factor

This workshop is to encourage young people to get up & perform in a fun environment, the Soul Kids Stage tent! Performers will enjoy the karaoke style performing. This was great fun last year!

### Family Tub Times

There will be family tub times in the Body & Soul area @ EP **Sat 10-2pm** & **Sun 10-2pm**. Please book on Friday as tubs are normally booked up by Friday Evening! Kids go free when accompanied.



### Soul Sports

There will be a small football pitch in the area this year with organised shoot-outs and football matches divided into younger and older groups throughout the day.

### Access to Family Camping Via the Walled Garden

Please note the cut off times for returning to Family Campsite via the Walled Garden

Friday: **Midnight**

Saturday: **2am**

Sunday: **Midnight**

After these times families can only return to campsite via Arena Entrance 1 beside Fossetts Circus

### \*Please note:

Restrictions apply to certain workshops.



# Advice on Bringing Kids to Festivals

## Before you get there, what to bring

Bring plenty of sunscreen & also waterproof clothing, the same applies to your kids as it does to you, if they get sunburnt or wet through, they will get miserable. Don't forget a sunhat or a cap. Sometimes a small umbrella also works as a parasol.

A large strong blanket is essential. It can be wrapped around your little ones when it gets dark & the temperature drops. A plastic backed picnic mat is also a good idea! They sell them in all good department stores. It's great to sit on during the day & good for an extra layer underneath your bed at night.

Get a cheap buggy for the festival or a wheel barrow -the wheel barrow is better as it'll take 30 kg. Unless you are happy to carry them for a long time, you definitely need some transport. Bring plenty of carton drinks as drinks on site will prove to be expensive over the course of the weekend. Cartons are cheap, easy to carry & you can leave a tray in the car for later.

Nappies for little ones at night (even if they are normally dry) are much more pleasant than a very tired accident & wet sleeping bags. Don't forget you are likely to be sleeping next to them, so you will get wet too! For older ones a

bucket is a good idea (for in the middle of the night). A good quality first aid kit is another must bring item, as are wet wipes... loads! They are useful for everything from your daily wash, wiping hands before eating... wet wipes are the number one festival requirement!



If you have a formula fed baby, then invest in a load of ready mixed formula milk in cartons. For older kids, bring plenty of breakfast bars. It will save on washing up, save a load of cash for better things & they also come in handy for the bedtime hunger pangs that little ones get. Please note also that noise levels might be uncomfortable for small children so we strongly suggest that you bring ear protectors of some kind.

## Once you are on site

Camp in the designated family areas or quiet camping areas. They are more child friendly, full of other parents & there is normally less in the way of extreme language.

Make sure you have a tent that is big enough to comfortably accommodate bored children (with plenty of books & toys) for when they are stuck inside the tent due to rain (which will happen at some point).

Forget earplugs for children under 10, doubtful that you'll get them in & you could cause their ears damage if you don't do it right. They'll sleep when tired enough anyway, regardless of noise. Never ever take your eyes off them, it'll take a second for them to vanish into the crowd. Hold hands, or if it gets very busy, carry them!

Mark your kids in some way with your mobile numbers. Permanent markers are good, write it with indelible marker onto their clothes or arms. Educate your kids on what to do if they do get separated from you—

**Stand still, scream "MAMMY/DADDY" and don't move or go with anyone until a Security guard/Steward comes along.**



## To minimize the risk of your child getting lost we recommend you:

- \* Hold hands or carry your children through busy areas
- \* Educate your kids on what to do if they get separated from you. Advise them to stay where they are & not to move until a Security guard or Steward approaches them.
- \* Instruct them not to go anywhere with anyone other than a steward or security guard.
- \* They should indicate their phone number to the Security guard or Steward

## Note:

Parents are responsible for their children at all times in the Walled Garden



# electric picnic 2011

## 'TOGETHER WE'RE ELECTRIC'

## FAMILY CAMPING

- 1 WARRINGTONS  
Carousel
  - 2 GALA SUPERMARKET  
Convenience Store
  - 3 ALICES  
Eclectic Bookshop Books
  - 4 BIG WHEEL
  - 5 AMNESTY KIDDY BINGO
  - 6 SOUL KIDS  
Soul Stage  
Soul Maze  
Soul Sports  
Fairy Lady  
Soul Performance  
The Italian Job  
Soul Babies  
Face Painters  
Soul Art
  - 7 NYS COLLECTION CAMPING SHOP
  - 8 FEILE FOODS BBQ TRAIN
  - 9 HOT POINT LAUNDRETTE
  - 10 LITTLE RED DOT ART GALLERY
  - 11 BODY & SOUL  
Boundless Bathing Hot Tubs  
The Amazing Few  
The Electric Elk  
The Knitting Nest  
Chai Chapel  
Feelgood Hula  
Zen Gardens  
Suckitt N'C  
Our Dinosaur is Free Range  
Wassa Wassa & Lasracha  
Sambanimal
- For more details check Body & Soul Pages of the festival programme



**ACCESS TO FAMILY CAMPING VIA WALLED GARDEN**  
 Cut off times for returning to Family Campsite via Soul Kids/Walled Garden

Friday: Midnight  
 Saturday: 2am  
 Sunday: Midnight

**BOUNDLESS BATHING**  
 Soak with your family in the revitalising wood fired hot tubs nestled within the Body&Soul Village. There are bespoke changing rooms, hot showers, fluffy towels and swimware available on request. Family times are from 10am – 2pm Saturday & Sunday. Remember to book ahead - as they tend to book up fast. For details check Body & Soul pages of festival programme.

- TOILETS**
- WATER**
- FOOD**
- SHOWERS**
- BABY CHANGING**
- CAMPSITE OFFICE**
- ROUTE FOR CARS**
- ROUTE FOR PEDESTRIANS**
- FIRST AID**

DISCLAIMER  
 All maps & locations are subject to change